

KARA

trading company









about us

Kara Company, through years of activity and the use of experienced and committed personnel, is recognized as a prominent choice in the world of garlic and its derivatives. The Kara Group, utilizing modern technologies and processes, ensures that its products are produced and offered with high quality and in accordance with international standards. The reasons Kara brand has become a top choice for consumers include the variety and high quality of its products. Garlic and its derivatives, including garlic powder, garlic slices, and black garlic, are considered rich sources of vitamins and nutrients due to their antibacterial and antioxidant properties. The managers and officials of this company, through continuous efforts, are not only achieving increased production and domestic market coverage but are also expanding export markets for their products. The primary goal of Kara Company is to ensure the health and satisfaction of customers through the consumption of healthy and beneficial products.



Garlic

Garlic is a plant from the onion family that can grow singly or in clusters at the end of the stem. It has numerous nutritional and medicinal properties and is consumed both raw and processed. For this purpose, the Kara Group aims to participate in this popular product due to its multiple benefits and profitable trade by exporting it to other countries.



Properties of Garlic

- Antibacterial and anti-fungal
- Immune system boosting
- Reducing inflammation
- Lowering blood pressure
- Reducing bad cholesterol levels



Garlic is one of the favorite and well-regarded foods among all families, and due to its beneficial and rich compounds, it is considered a health solution. This product contains compounds with strong medicinal properties that can be effective in preventing diseases and maintaining body health. It increases the production of white blood cells and strengthens the immune system, which can be effective in preventing diseases and infections. Since garlic can be consumed either raw or processed, it can be a valuable choice in your diet.





Garlic Slices

Garlic slices are one of the best options for adding garlic flavor and benefits to dishes. In the process of making this product, garlic is sliced into thin pieces and then dried to preserve its valuable compounds and provide an excellent taste to your dishes.



Garlic Powder

Garlic powder is a fresh and aromatic spice that adds depth and a unique flavor to dishes. This powder is made from dried fresh garlic, which retains the natural and beneficial properties of garlic after drying. By using garlic powder, you can impart a unique flavor to your dishes and benefit from its hygienic and antibacterial properties.





Properties of Black Garlic

- Preventing cellular damage and premature aging
- Preventing and treating various cancers
- Improving brain function
- Controlling diabetes and blood sugar levels



Black Garlic

Black garlic is a type of fermented garlic that results from a long and precise process. This type of garlic is fermented from fresh raw garlic for 50 to 90 days at a temperature of 60 to 77 degrees Celsius and a humidity of 80 to 90 percent. This process turns the garlic into a gelatinous state, changes the color of the garlic cloves to a dark black, and makes its taste sweet.





The reputable Kara Group, in collaboration with the best and leading producers in various fields, strives to offer the highest quality products in the global market. This group, with its comprehensive services to its customers and the production and supply of the best garlic and its derivatives in modern and hygienic packaging and in unparalleled variety, always assists them in achieving excellent product quality. The experienced Kara team proudly guarantees that all products will be provided with the desired quality and according to the needs of valued customers, in suitable packaging and at competitive prices.